



## **Health Transformation Alliance Names OhioHealth Well-Being Center Provider of the Year**

**WESTMONT, N.J., February 9, 2026** — The [Health Transformation Alliance](#) (HTA), a cooperative of America’s leading employers committed to improving healthcare quality and affordability, announced today its 2025 *Provider of the Year* award to the [OhioHealth](#) Well-Being Center, led by [Dr. Laurie Hommema, MD, FAAFP](#), Senior Medical Director of Well-Being.

“The Provider of the Year Award represents the highest standard of excellence in healthcare innovation and compassion,” said Rob Andrews, CEO of HTA. “OhioHealth’s Well-Being Center exemplifies this by prioritizing mental health and resilience for those who care for others. Their leadership sets a benchmark for the entire industry.”

The Center supports more than 35,000 associates and providers across the OhioHealth system with confidential, no-cost mental health services designed to help individuals and families overcome challenges and foster emotional strength. Services include individual counseling, group support, critical incident response, mindfulness-based interventions, and same-day assistance for urgent needs. By creating psychologically safe spaces for healthcare professionals, the Center prioritizes care for medical teams to process difficult experiences, manage stress, and maintain emotional well-being.

In 2025, the Center increased the number of covered counseling sessions from 8 to 12 per year, strengthening its commitment to accessible, proactive mental health support. This expanded access led to an 8% increase in counseling intake requests, just within the first nine months of the year compared to all of 2024.

“It is an incredible honor and a testament to the impact of our Well-Being team that they have been recognized as HTA’s Provider of the Year,” said Garrett Yau, Vice President of Total Rewards at OhioHealth. “Our associates and providers are the heart of OhioHealth. By investing in their well-being, we ensure they can deliver exceptional care to our patients.”

### **The Center’s Innovative Programs Driving Change:**

- **WE Care Support Program:** Immediate and long-term emotional support for individuals and teams facing distressing events.
- **REACH © Suicide Prevention Training:** Over 900 associates trained to recognize warning signs and intervene with empathy.
- **Arts Collaborative:** A creative outlet fostering healing and connection among associates and providers.

“This recognition validates the importance of well-being as foundational to patient safety and quality care,” said Dr. Laurie Hommemma. “Our mission is to provide accessible, inclusive support that empowers healthcare professionals to thrive personally and professionally. This honor reflects the dedication of our entire team.”

### **About OhioHealth**

Based in Columbus, Ohio, OhioHealth is a nationally recognized, not-for-profit, charitable, healthcare outreach of the United Methodist Church.

Serving its communities since 1891, OhioHealth is a family of 35,000 associates, physicians and volunteers, and a network of 16 hospitals, five joint-venture hospitals, 200+ ambulatory sites and other health services spanning a 50-county area. For more information, visit [ohiohealth.com](http://ohiohealth.com).

### **About Health Transformation Alliance**

The Health Transformation Alliance (HTA) is a cooperative of 75+ of America’s leading employers that have come together to fix our broken healthcare system. With responsibility for more than 5 million lives in the United States and a collective annual health care spend of \$30 billion, the member companies of the HTA have combined their resources, knowledge, and experience to transform the way healthcare is delivered. To that end, the HTA has developed value-driven solutions in data and analytics, pharmacy, medical and consumer engagement specifically designed to improve patient care and economic value. For more information, please visit <https://www.htahealth.com/>.

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